



TEACHINGS ON BODHICITTA

His Eminence Garchen Rinpoche

DATE / TIME

Thursday 3 June, 7pm - 9pm

Friday 4 June, 7pm - 9pm

VENUE

Nyima Tashi Kagyu Buddhist Centre
20 Williamson Ave, Grey Lynn, Auckland

ENQUIRIES

Ph: 09 376 6113

Email: nyimatashi.nz@gmail.com

www.nyima-tashi.org.nz

COSTS

Members \$20

Non Members \$25



“NYIMA TASHI”
KAGYU BUDDHIST CENTRE



His Eminence Garchen Rinpoche

Born in East Tibet in 1936 Garchen Rinpoche is a realized master of the Drikung Kagyu lineage of Tibetan Buddhism. His incarnation is traced to Gardampa Chodengpa, a disciple of Lord Jigten Sumgon, the 12th-century founder of the Drikung Kagyu. Rinpoche is known for his vast realization, as well as for his great kindness.

INTRODUCTION TO BODHICHITTA

Bodhichitta is a Sanskrit word, in tibetan it is jang chup sem which translates as "enlightened heart"

According to Mahayana understanding when we are being selfish, when we have an acquisitive mentality of wanting more and more - whether it is material goods, fame love - we lose touch with others, we lose touch with the real world, instead we are living in a world that has been totally created by our own desires, expectations and frustrations which does not correspond with the world that is really there.

Mahayana buddhism talks about overcoming the duality of subject and object, the duality of the mind and the material world. When we develop wisdom, we realise that both subject and object, the mind and the material world, have the same nature. Then instead of viewing the world as hostile or alien we see that the world and ourselves are interdependent. And there lies the possibility of developing compassion.



His Eminence Garchen Rinpoche

AUCKLAND TOUR DATES

Nyima Tashi Kagyu Buddhist Centre – 20 Williamson Ave, Grey Lynn (09 376 6113)
20 Williamson Ave, Grey Lynn (09 376 6113)

Thursday 3 June, 7 - 9pm & Friday 4 June, 7 - 9pm: **Teachings on Bodhichitta**, \$25 per session

Karma Choeling Tibetan Buddhist Monastery – 66 Bodhisattva Rd, Kaukapakapa (09 420 5428)
Friday 4 June, 2 - 4.30pm: **Medicine Buddha Empowerment**, suggested donation \$15

Pushien Temple – 35 Wilkinson Road, Ellerslie (09 525 2828)
Saturday 5 June, 9.30am - 12.30pm: **Amitabha Empowerment**, 2 - 4pm: Teachings on Practice

Palpung Thubten Chokyi Ghatsal Buddhist Institute - 23 Sturdee Rd, Manurewa (09 268 0786)
Sunday 6 June, 10am - 12pm & 2 - 4pm: **Five-fold Path of Mahamudra**, 6.30 - 8.30pm: **Refuge & Bodhisattva Vows**
Monday 7 June, 10am - 12pm & 2 - 4pm: **Five-fold Path of Mahamudra**, 6.30 - 8.30pm: **Mahakala & Chenrezig Practice**
Tuesday 8 June, 2 - 4pm: **Phowa Instruction and Practice**, 6.30 - 8.30pm: **Mahakala & Chenrezig Practice**
Wednesday 9 June, 2 - 4pm: **Phowa Instruction and Practice**, 6.00 - 8.30pm: **White Tara Empowerment**
\$25 per day or \$15 per session