



**"NYIMA TASHI"
KAGYU BUDDHIST CENTRE**

Buddhist Perspectives on Nirvana and Samsara

The concept of nirvana is used freely in the West these days, people have interpreted the word "nirvana" to mean a pleasureable, blissful state, however in Buddhism there are different ways of looking at nirvana, depending on the context within which we are trying to realize or attain it.

The Nirvanic state we will attain or realize is determined by what practises we are doing and with what purpose. The traditional view within Buddhism is that there are many different states of nirvana, we do not attain one single nirvana, there are many different kinds.

From the samsaric perspective, the Buddhist path begins with the recognition of suffering, it is not merely the pointed suffering of sickness, aging, or death, but that vague feeling of anxiety and dissatisfaction that seems to underly every moment of our lives.

Buddhism refers to this repetitive or cyclic experience as dukka, and the bad news is that it's all pervasive and universal. The good news is that this is where the genuine spiritual journey begins

Friday, 9th December @ 7p.m.

Saturday, 10th December (2 sessions)

@ 10 a.m - 12 p.m

@ 3 p.m - 5 p.m.

\$25.00 for Members

\$30.00 for Non-Members

Introduction to the practise of Green Tara

Sunday 11th December (\$25.00 per session)

@ 10 a.m - 11.30 a.m.

@ 2pm - 3.30 p.m.

His Eminence Zuri Tulku Rinpoche will offer a Green Tara initiation as a preparatory teaching. In the afternoon Rinpoche will then perform the common initiation of Green Tara which grants the four empowerments in the form of a blessing.

\$20.00 per session for Members

\$25.00 for Non-Members



Venerable Zuri Tulku Rinpoche

*Karma Thegsum Dhechenling Monastery,
Barshang, East Bhutan*

Born in Bhutan, the Venerable 8th Zuri Rinpoche was recognised by His Holiness the 16th Karmapa at two months old. At two, His Holiness presided over his enthronement ceremony in Bhutan in the presence of the Karmapa's four heart sons and many renowned Rinpoches. He was bestowed the Dharma name Karma Migyur Tenpei Gyaltshen Jigme Gocha.

At a young age, Rinpoche entered Rumtek Monastery, the Karmapa's seat in Sikkim, India, to receive intensive traditional Buddhist education. He studied at the Karma Shri Nalanda Institute and performed brilliantly under the guidance of the Karmapa. He then proceeded to Nepal to further his studies in the three yanas, the five major treatises and the four tantras in the Namo Buddha Institute. Moreover, he studied extensively in India and Bhutan. He had also received empowerments and teachings from Various Lineages. From the Kagyu tradition such masters as Thrangu Rinpoche, the 1st Kalu Rinpoche and from the Kagyu and Nyingma Lineages Tulku Urgyen Rinpoche.

Zuri Rinpoche started the spreading of Dharma in 1993. Committed in the Bodhisattva Path to spread the Dharma and liberate all sentient beings from samsara, Rinpoche travelled to and from Bhutan, Hong Kong, Mainland China and Taiwan, setting up Buddhist centres, giving teachings, conducting pujas, holding retreats and animal protection activities.

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