



**"NYIMA TASHI"
KAGYU BUDDHIST CENTER**

Seven points of Mind Training (*Lojong*) by Khenpo Ngawang Dhamchoe

20 - 22 October 2017

The Seven Points of Mind training, a lojong practice, assumes no prior special training or preparation. It does not require practitioners to enter seclusion or to change the way one lives.

It simply asks that we examine our relationships with all those around us, and to make a strong determination to become enlightened for the sake of others rather than for just ourselves.

Mind training focuses simply on one's ability to let go of seeing oneself as the centre of the universe. Hence, transforming self-centred thinking into compassion, ego clinging into altruism, desire into acceptance and resentment into joy.

Friday, 20th October 2017

Introduction to 7 points of Mind Training

Session One @ 7 p.m.

Saturday, 21st October 2017

Session Two @ 10 a.m. - 11.30 a.m.

Session Three @ 1 p.m. - 2.30 p.m.

Sunday, 22nd October 2017

Session Four @ 10 a.m. - 11.30 a.m.

\$25.00 per session



Khenpo Ngawang Dhamchoe is the Founder and Spiritual Director of Drogmi Buddhist Institute in Sydney, Australia.

He is one of the most knowledgeable and respected teachers of Tibetan Buddhism in Australia. His excellent command of English and understanding of the Western ways provides his teachings with a clarity and wisdom accessible to all.

Khenpo-la teaches extensively overseas and in Australia.

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